



Open Hearts \* Open Minds \* Open Doors

# Foundry

United Methodist Church

**Volunteers for Traditional Service,  
March 22, 2020**

**Worship on-line this week!!**

**Greeters:**

**Ushers: , head**

**Worship Assistant:**

**Children's Sermon:**

**Acolytes:**

**Counters:**

**Food Bank items needed this week:**

Peanut Butter  
Jelly  
Jell-O  
Pudding Mix



**Donations needed for Lighthouse:**  
Wash Cloths  
Bars of Soap

## ***Those On Our Prayer List for This Week***

### **In the Hospital or Home Recuperating**

Gary Melander 460 Garrison Place Virginia Beach, VA 23452  
Linda Way 322 Tomahawk Trail Virginia Beach, VA 23454  
Van Umphlett 2349 Great Neck Circle Virginia Beach, VA 23454  
Fran and Roger Clarke 633 West Lynn Shores Circle Va Beach, VA 23452  
Burgess Allison 3210 Dunnbury Court Virginia Beach, VA 23453  
Chris Work 3749 Lynnfield Drive Virginia Beach, VA 23452

### **On our Continuing Care List**

Betty Gallup 761 Alliance Drive, #313 Virginia Beach, VA 23454

### **In Our Military or Away**

Flavio Gabriel 1612 Illinois Avenue Killen, TX 76541-9065  
Andrew VanVleet #1428524 Lawrenceville Correctional Center  
1607 Planters Road Lawrenceville, VA 23868



## ***Donations for Last Week:***

General Fund        \$  
Dedicated Fund     \$

## ***Attendance for Last Week:***

9:00 a.m. Service  
11:00 a.m. Service

# Welcoming the Stranger Luncheon and Presentation

Sunday, April 5, 2020

12:15, following 11:00 service

Foundry United Methodist Church

2801 Virginia Beach Blvd., Virginia Beach 23452

## What's the Story with Immigration?



Jen Healey, staff attorney for *Just Neighbors*,  
a leading voice and expert resource to the community  
on immigration issues, will discuss:

### Immigration 101

Who is eligible for citizenship? What is a permanent legal resident? How long  
does it take to get a green card?

### What Churches Can Do

### Question and Answer

Lunch will be provided by Tijuana Flats

**Free or Pay What You Can**

Child Care Provided

Reservations necessary

To make reservations, call 340-0595,  
or fax form below to 757-340-0596

Reservation deadline March 30 by 5:00

A free-will offering will be taken to benefit *Just Neighbors*

## Registration

### Welcoming the Stranger

Luncheon and Presentation

Sunday, April 5, 2020

12:00, following 11:00 service

Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

There is no charge for dinner, but donations at the door will be appreciated.

Number of adults (age 12 and over) \_\_\_\_\_

Number of children \_\_\_\_\_

Special dietary needs :

Gluten free \_\_\_\_\_

Vegetarian \_\_\_\_\_

Vegan \_\_\_\_\_

Foundry United Methodist Church  
2801 Virginia Beach Blvd., Virginia Beach, VA 23452  
757-340-0595, or fax 757-340-0596

## ***Dollhouse Wanted***

The Missions Committee will be launching the Welcome Home Basket drive on April 12. This campaign will be working just like the Christmas Angel Tree, only with requests for household items which will help an individual or family who has just qualified for housing to furnish their new home. Foundry works in collaboration with Judeo-Christian Outreach Center for this ministry.



For our narthex display, we are seeking a large dollhouse or a cardboard house to hold the request tickets. If you have such an item, please contact Chris Work at 348-2221. I'll be happy to pick it up from your house.

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**DID YOU KNOW? OUR CHURCH'S UMM SUPPORT ONESIMUS MINISTRIES. LEARN MORE BELOW.**

***America's prison population has grown at a rate of 10 times faster than the general population, evidencing a need for ministries of this type to try to break the cycle of incarceration and recidivism.***



Onesimus Ministries is Norfolk-based and was started in 1982 by retired Baptist Minister, William Twine to provide Christian ministry to men incarcerated in Norfolk City Jail. He opened the first residential center in 1984 in Chesapeake to provide a facility for men being released from prison and added two more centers in Virginia Beach in 1995. The name Onesimus comes from the Book of Philemon in the New Testament. Onesimus was a runaway slave who was jailed and there encountered the Apostle Paul who shared the Good News with Onesimus. Paul later wrote a letter on behalf of Onesimus after the latter's conversion, asking Onesimus' master, Philemon to accept Onesimus back into the community as a brother in

Christ and not as a slave. The name Onesimus means "useful" in Greek. The mission of the organization is to provide ministry to those in jail, those released from jail, and the families of those in jail. Many are turned away due to space constraints in these facilities. The Commonwealth of Virginia and federal government provide no funding; it is entirely raised through individuals, organizations, and companies on a tax-deductible basis. More information is available at <http://onesimus-ministries.org/>. Thanks.

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## **Please Keep In Mind...**

Our financial obligations do not end while we are not able to worship together due to the rapid spread of the corona virus. The work of our Church continues. Currently, there are at least two good options for you to use to continue your financial support of our Church even from a distance and while we are temporarily apart. One is PayPal linked to our website: <https://www.foundryumcvb.org/>. The other is to simply mail a check to the Church. We will check the mail and make deposits periodically. I want to emphasize the office is not open and won't be open again until the Bishop says we can worship together once again and have our doors open. Until then, I am available if you have questions at (757) 573-4111. Please pass this on to folks you know who don't have email addresses or don't check it frequently. Also if you need help, please contact Pastor Matt or me. I'm sure there are many of our church family who can and will help out. We need your help to identify those who need assistance, though.



Peace and Love,  
Mary Leeds  
Finance Committee

**SAVE THE DATE: FOUNDRY'S ANNUAL LADIES' TEA  
SPONSORED BY THE UNITED METHODIST WOMEN  
(UMW)**

When: April 25, 2020, from 2-4 pm

Where: Foundry, Ebert Hall

How Much: Admission: \$5.00

What to Wear: Hats are welcomed and encouraged!



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*Worship on Wednesdays  
March 4 - April 1  
12 noon and 7 pm  
In the Youth Building*

*There will be a light meal and Lenten Service each Wednesday, between March 4th and April 1st at 12 noon and 7 pm in the Youth Building. Please join us to eat and worship Jesus. These are canceled while the church is closed.*

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**Foundry's Single Moms' Small Group**

Next meets on Friday, March 20, 2020, from 6:30 to 8 pm in the Youth Building. Studying the first 21 days we have spent in our intermittent Lenten Fasts with Prayer, reflecting on our prayer focus, fasts, observations, and experiences to share and encourage one another. Come join us for a light snack supper with our kids and then a break-out session for free play for the kids and the study for the Moms. Questions? Please contact Lisa Kim at 757 374 9283 or [lisathudsonkim@gmail.com](mailto:lisathudsonkim@gmail.com). Thanks.







### ***Purchase a Hand-Made Hat, Help the Food Pantry!***

In the past, our ministry has made and donated over 40 hats to the Lighthouse, the church food pantry, and Lynnhaven Elementary school.

We now have approximately 17 knitted hats that we would like to use in a fundraiser for the church food pantry. We are selling for \$10 each, of which 100% will be donated to the food pantry. If you are interested in a hat, which come in various colors, please contact Ginger Scherck at [Ginger.scherck@gmail.com](mailto:Ginger.scherck@gmail.com) or 467-1218. You may also leave a message at the church office. Thank you for any support you can give!

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### **DO YOU WANT TO TRAVEL (GUARANTEED VIRUS FREE) WITH JESUS THIS SUMMER?**

Calling all Vacation Bible School leadership team members, volunteers, and crew! If you accept the challenge to be part of our leadership and service team for VBS 2020 at FUMC for our first-ever, custom-designed "Travelling with Jesus" VBS, we would like to have you join us for a KICK OFF MEETING on Thurs. March 12, 2020, in the Youth Building from 6:30-7:30 pm. Coffee, tea, and light dessert refreshments will be served. We will discuss the theme, jobs, assignments, recruitment of more team members, and preparations for VBS. This is a HUGE undertaking that is only accomplished through the work of many willing, loving hands and feet. Thanks for supporting VBS and reaching the children to teach, show, and spread God's love and the lessons of Jesus. See Linda Cockrell with questions, concerns, and to help!



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### **A Couple Notes from the Trustees**

#### **Infection Control**

While there have not been any reported cases of coronavirus in Virginia, we feel that some simple precautions should be taken anyway. To that end, we will be placing hand sanitizer outside the sanctuary and at other locations in the church. Please use it prior to entering the sanctuary or Ebert Hall. Also, if you have any symptoms of illness, do yourself and others a favor and stay home and get well. We will pray for you. Thank you.

Byron

#### **Ladders**

The church has several ladders which are kept in the furnace room. Of late, some of them have gone missing. If you use a ladder, please put it back. If you need it for more than one day, please put it back and get it out the next day. It is difficult for the trustees to do repairs around the church when the necessary equipment is missing. Also, ladders are not to be removed from the church without express permission of the trustees. Thank you.

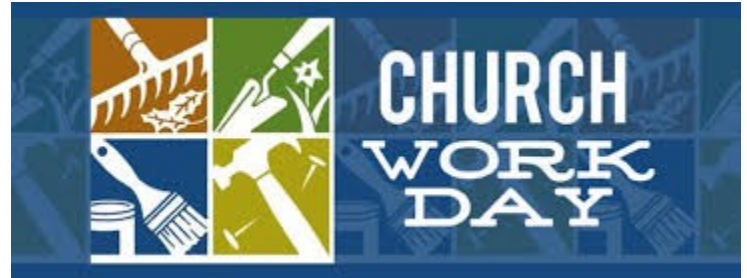
Byron



**Trustees: Please save the date. Mark your calendars for the next meeting: Monday, April 6, 2020 at 7 pm. See you then.**

**Saturday, April 4, 2020, at 9 AM**

**Bring your tools please and dress for dirty work inside and outside of the Church, weather permitting. Let's spruce up the Church!**



From: ***“Social Distancing Can Make You Lonely. Here’s How to Stay Connected When You’re in Lockdown”***

March 17, 2020, *The Conversation*, [www.Theconversation.com](http://www.Theconversation.com)



Here are some tips to remain connected when you're practicing social distancing or in quarantine:

- think about how you can interact with others without putting your health (or theirs) at risk.
- Can you speak to your neighbors from over a fence or across balconies?
- If you have access to it, use technology to stay in touch.

- If you have a smartphone, use the video capabilities (seeing someone's facial expressions can help increase connection)
- Check in with your friends, family, and neighbors regularly.
- Whenever you can, assist people in your life who may be more vulnerable (for example, those with no access to the internet or who cannot easily use the internet to shop online)
- Spend the time connecting with the people you are living with.
- If you are in a lockdown situation, use this time to improve your existing relationships
- Manage your stress levels. Exercise, meditate, and keep to a daily routine as much as you can
- It is not just family and friends who require support, but others in your community
- Showing kindness to others not only helps them but can also increase your sense of purpose and value, improving your own well-being

## UMW to Create Personal Care Kits



The UMW will use proceeds from the upcoming dessert auction, March 29<sup>th</sup>, to create personal care kits for UMCOR. From disasters such as the tornado in Tennessee to mudslides in far corners of the world, UMCOR is there! Please join us in this important project by bringing a dessert item....and purchasing one!

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## Save The Dates!

The next UMW Game Night will be May 1<sup>st</sup>, 6-8 PM.

The next UMW Meeting will be May 2<sup>nd</sup>, 9 AM



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## WHO AM I?



Do you enjoy your coffee on Sunday morning? There is a 50/50 chance that I made it even though I have to use a stepstool to reach to pour water into the brewer! Never one to take “no”, I began taking ballet lessons recently. Believe it or not, some places think there is an age range for beginning lessons. I am an avid rock collector and Foundry members have brought me rocks from Alaska and Colorado. I bowl every Saturday morning in a league. I care a great deal about my church family and love spending time talking with them. Helping at church is something I enjoy doing and I am very active in my church group. Technology is a part of my everyday life. I have a group of friends that I regularly spend time with playing old school games. My family came to Foundry because of VBS. Because I love children, volunteering in the nursery is where you might find me. This leads to my current career plan to become a pediatric nurse....or maybe a chef. I can be bribed with donuts! Do you recognize me?





## ***EASTER FOOD BASKET DRIVE***



It's time to share the love with our 10 sponsored families for Easter. We are providing an Easter dinner and additional staples to help carry the families through Spring Break. We are focusing on including healthier food items in the baskets and will be including healthy cooking tips in the baskets.

***Collection Time: Now – April 6<sup>th</sup>***

***Baskets Will Be Picked Up April 8<sup>th</sup> & 9<sup>th</sup>***

### **ITEMS NEEDED**

#### **DINNER ITEMS PER FAMILY:**

HAM [APPROX 5 POUNDS]	SLIVERED ALMONDS	CAKE MIX
LARGE BOX OF SCALLOPED POTATOES	2 BOXES MAC N CHEESE	CAKE FROSTING
FROZEN GREEN BEANS – 2 BAGS/ FAMILY	1 12 PK DINNER ROLLS	

#### **ADDITIONAL ITEMS FOR BASKETS:**

PEANUT BUTTER	JELLY	CANNED TUNA	TUNA HELPER
SPAGHETTI SAUCE	NOODLES/PASTA	PANCAKE MIX	SYRUP
OATMEAL	CEREAL	COFFEE/TEA	CANNED RAVIOLI/SPAGHETTI
SUGAR	FLOUR	VEGETABLE OIL	BAKING SODA
RAISINS	GRANOLA BARS	APPLESAUCE	CANNED FRUIT

CANNED VEGETABLES: PEAS    CORN    POTATOES    CARROTS    TOMATOES    ETC

FRESH FRUIT\*:    APPLES    ORANGES    BANANAS

FRESH VEGETABLES\*:    BABY CARROTS    CUCUMBERS    CELERY

***\*Please bring in fresh produce or bakery items no earlier than April 5<sup>th</sup>\****

FINANCIAL CONTRIBUTIONS ALSO ACCEPTED AND APPRECIATED. PLEASE NOTE ON YOUR CHECK THAT IT SHOULD GO TO HOLIDAY FOOD BASKETS.

# IS IT A COLD OR FLU?

SIGNS AND SYMPTOMS	COLD	FLU
Symptom onset	Gradual	Abrupt
Fever	Rare	Usual
Aches	Slight	Usual
Chills	Uncommon	Fairly common
Fatigue, weakness	Sometimes	Usual
Sneezing	Common	Sometimes
Chest discomfort, cough	Mild to moderate	Common
Stuffy nose	Common	Sometimes
Sore throat	Common	Sometimes
Headache	Rare	Common

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During more time of social distancing and while the Church is closed to all activities, please stay safe and well. Please alert the church through email ([kathydz@FoundryUMCVB.org](mailto:kathydz@FoundryUMCVB.org)) if you need assistance (transportation, medical appointment, food shopping, etc.). Church staff are working and are available remotely to coordinate assistance and we have volunteers available, too. We look forward to seeing you when the Church reopens per the Bishop. Thanks for understanding. We miss you. Praying for health, safety, and protection.

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Also if you need help please contact Pastor Matt or me. I'm sure there are many of our church family who can and will help out. We need your help to identify those who need assistance.

Peace and love

Mary Leeds  
On behalf of the Finance Committee

# This Week At Foundry

Please pray for these members of  
our Foundry family this week!!!

## SUNDAY, March 22

9:00 a.m. Modern Worship Service  
9:30 a.m. Sunday School and JAM  
11:00 a.m. Traditional Worship Service  
4:00 p.m. Youth Group Meeting - YB

## MONDAY, March 23

7:00 p.m. Square Dancing - EH  
7:30 p.m. Al-Anon Meeting - #12

## TUESDAY, March 24

9:30 a.m. Christian Believers Study - #15  
6:00 p.m. TOPS Meeting - #15  
7:00 p.m. Promise Keepers Meeting - #16

## WEDNESDAY, March 25

12:00 p.m. Al Anon Meeting - #15  
12:00 p.m. Wednesday Noon Service - YB  
1:00 p.m. Prayer Group - #14  
7:00 p.m. Wednesday Evening Service - YB  
7:00 p.m. Disciple Bible Study - #15

7:00 p.m. Square Dancers - EH

## THURSDAY, March 26

9:00 a.m. Food Pantry  
1:00 p.m. Prayer Shawl Ministry  
6:00 p.m. Praise and Worship Practice  
7:30 p.m. Adult Choir Practice

## FRIDAY, March 27

## SATURDAY, March 28

9:00 a.m. NA Meeting - #15  
6:30 p.m. Square Dancers - EH

## SUNDAY, March 29

### UMW Dessert Auction

9:00 a.m. Modern Worship Service  
9:30 a.m. Sunday School and JAM  
11:00 a.m. Traditional Worship Service  
4:00 p.m. Youth Group Meeting - YB

## SUNDAY

Rena Smith-Rogers  
Fred Snody  
Nelson Walker

## MONDAY

De and Lee Strickland  
Scott Strickland  
Kevin Townsend

## TUESDAY

Dis and Lil Thomas  
Rene and Dawn Timms  
Virginia Tyler

## WEDNESDAY

Van and Carolyn Umphlett  
Jim and Dottie VanArnam  
Ross and Susan Vierra

## THURSDAY

Jean Walmsley  
Colleen Walker  
Jeff and Martha Watson and family

## FRIDAY

Linda Way  
David Way  
Byron and Chris Work

## SATURDAY

Beth Workman  
Matt and Kellie Potter and family



## **March Birthdays**

01	Noah Kim
	Ashley Shedlock
03	Ivy Peterson
	Eion Woods
05	Anna Gabriel
	Flavio Gabriel
	Mina Gabriel
	Andy VanVleet, Jr.
06	Kyndall Peterson Barker
	Jeff VanArnam
08	Buddy Sawyer
09	Alison Blalock
10	Katie Jones
13	John Meyer III
14	Mike Hammond
15	Art Oman
17	Joshua Timms
18	Quinn Clevenger
	Bob Powell
19	Patti Eberhardt
	Chris Grady
	Travis Owney
	Paige Powell
20	Tristan Miller
	Joshua Reuter
21	Casey Krampen
22	Bobbie Oman
	John Williams
23	Pastor Matt Potter
24	Anna Hersey
25	Bob Dornbrock
	Cole Trower
	Troy Wilkerson
26	Ben Gilman
	Mary Howell
27	Katie Hammond
	John Oman
	Julie Oman
	Fred Snody
28	Robbie Candelario
29	Jamie Castle
	Diana Cayce
	Brett Mathews
	Lynette Schoop
30	Joshua VanVleet
31	Adam Davis
	Dawn Evans

## JAM'S MARCH COLLECTION FOR OPERATION CHRISTMAS CHILD



Instead of collecting most of the OCC box contents in a fall and end-of-year push, JAM is going to focus on one major OCC box filler each month. For the month of March, we ask that you consider donating a box of Crayola crayons (of any size) and a coloring book. Please no generic crayons especially the discount brand Rose Art. They are too light and waxy. The older kids often prefer colored pencils. Please no colored pens or markers, they dry out and wear out faster than the crayons and colored pencils. There is a bin in the Narthex marked for the collection. Many thanks for your donations.