



District Conference will be Saturday, October 24, 2020, starting at 9:30 am. This year's District Conference will be a virtual event, via Zoom. Click [here](#) to register. Once you register, you will receive an email confirmation with the Zoom link. Save this email in order to participate in District Conference.

Those On Our Prayer List for This Month

In the Hospital or Home Recuperating

Linda Way 322 Tomahawk Trail Virginia Beach, VA 23454
 Fran and Roger Clarke 633 West Lynn Shores Circle Va Beach, VA 23452
 Burgess Allison 3210 Dunnbury Court Virginia Beach, VA 23453
 Sylvia Brewington 1001 Cannonbury Common Virginia Beach, VA 23452
 Dottie VanArnam 3340 King Richard Ct. Virginia Beach, VA 23452

On our Continuing Care List

Helen Jackson 3465 Warren Place, #103 Virginia Beach, VA 23452

In Our Military or Away

CDR John Oman 13212 Grand Junction Drive Fairfax, VA 22033
 Andrew VanVleet #1428524 Lawrenceville Correctional Center
 1607 Planters Road Lawrenceville, VA 23868



Thank you for the calls, cards, and prayers for me . I am healing and hope that in a week or two I will be able to walk without the support of the walker.
 Love and blessings!!

Sylvia Brewington

<i>Donations for Last Week:</i>	
General Fund	\$1,295.00
Dedicated Fund	\$ 127.00

<i>Needed for the Lighthouse:</i>
Bottles of Water
Gatorade

Foundry United Methodist Church - Plan to Reopen for Small Groups

The Healthy Church Team Members who prepared, edited, and finalized this Plan: Pastor Matt Potter, Page Cockrell, Lynn Hollandsworth, Byron Work, Bill Crosby, Nancy Norman, and Lisa Kim.



The Foundry United Methodist Church Healthy Church Team seeks to facilitate each member's or party's ability to gather at the Church to share, learn, and praise God. After all, it's God's House and according to His will. The intention of this plan is not to exclude any person, party, or group but rather, to promote safe, health gatherings during the pandemic.

Our primary concern during this pandemic is to promote safe, healthy gatherings at the Church for our members and guests.

This small group reopening Plan fulfills the requirements of the Virginia Conference Technical Assistance Manual (TAM) provided by Bishop Sharma Lewis.

The Plan includes guidance from the Center of Disease Control (CDC) and Reopen Virginia Plan, among other sources listed at the end of the Plan.

It is contemplated that this Plan and document be used in conjunction with the Foundry United Methodist Church Reopen Plan for Worship Services from mid-June, 2020.

This Plan was modeled closely after local sister church, Baylake United Methodist Church's reopening plans for worship and small groups.

Overview of Stage 2 in-person Small Group Gatherings:

Small groups are defined as non-worship gatherings of fifty (50) or less.

As a practical matter, most small groups at Foundry United Methodist are closer to ten (10) to twenty (20) members, maximum.

Groups are comprised of church members and church sponsors of groups which have non-members.

Examples include Bible studies, Sunday School classes, committee meetings, choir, youth, etc.

This Plan does not address outside groups utilizing the Church prior to COVID-19, such as ALANON, AA, NA, Square Dancers, La Leche, Girls Scouts, Boy Scouts, Chesapeake Colony Community or Civic League, etc., some of which outside groups number larger than the typical group size of ten (10) to twenty (20) members of most Foundry United Methodist Church groups comprised of Church members and their guests. There will be a later, similar plan to address them, as they are not permitted to utilize the Church at this time.

Guidance for outside groups utilizing Foundry United Methodist Church will proceed under separate cover in the near future, as procedures and requirements evolve during COVID-19 preparations, planning, and compliance measures.

Three (3) rooms that allow for physical distancing will be designated: the Youth building, Room 15 in the Adult Wing, and Room 17 (JAM) in the Adult Wing.

These rooms will be identified by the signage on the door.

Guidelines:

Target date: September 20, 2020, or as soon as possible and practicable. It is the understanding of the Healthy Church Team that the small groups of Foundry United Methodist Church are eager to meet in person at the Church.

Prior to holding an in-person gathering, contact Kathy Dziagwa in the Church Office. By email to: Kathy Dziagwa <kathydz@FoundryUMCVB.org> or by calling: 757.340.0595 to schedule the meeting.

Only one (1) meeting can be scheduled in a given room on a given day.

Groups larger than eight (8) persons are encouraged to meet in the Youth Building. This is due to its size, separate kitchen, bathrooms, hard flooring, and easier cleaning during COVID-19.

Cleaning of the meeting room, bathrooms, and entry doors, must be done at the opening and conclusion of the meeting.

The cleaning will consist of wiping down surfaces like table tops, chairs, door handles, light switches, boards, etc. An anti-bacterial cleaner and rag/paper towel or wipes will be used.

Each group leader or committee chair is responsible for ensuring compliance with “Safe Church” guidelines and Healthy Church Plans/requirements.

Groups found not to be in compliance and adherence with the guidelines will not be permitted to meet or continue to meet in the building.

Continued use of Zoom, WebEx, and other technology is contemplated and encouraged for those groups preferring to meet in that format due to their size, membership, etc.

Small group members will be encouraged to stay home if they are sick or have a temperature.

Prior to the meeting, each small group member must complete an online Health Assessment Form that goes directly to the Pastor or by agreeing to the Health Poster and giving their name and contact phone to the group leader (in writing to the Pastor or verbally to the Pastor only).

The form may be completed online, in hard copy, or verbally to the Pastor only. Any of the modes is acceptable.

Printed copies of the form for each participant should be submitted to the Pastor directly. A list of those agreeing to the Health Poster with name and contact phone will be submitted to the Pastor.

Verbal agreement of the Health Poster is acceptable to the group leader, however. The only acceptable information provided to the group leader is the person agree to Health Poster and if they agree then they would provide their name and phone number. If they disagree they cannot attend.

Agree with Health Poster then give their names, and contact phone numbers must be part of the verbal completion of the Health Poster process between attendee or participant and group leader.

The group leader is responsible for keeping a log of those in attendance, the completion Health Poster and their agreeing to Health Poster with name and contact phone, and submission of these names to the Pastor.

Online Health Assessment forms are good from Thursday thru Wednesday of next week for this event. Again, easiest way is use of Health Poster for same groups.

Members and their guests will enter and exit one (1) at a time to the meeting room.

Face Coverings will be worn at all times.

Social distancing of six (6) feet is to be maintained in the designated meeting space between seats and members.

Drink and/or food are not permitted to be consumed on church property.

Coffee, food and drink service is not permitted at Church services, fellowship time, and meetings, etc.

Water fountains will not be used.

The main kitchen is not to be used.

Bringing a personal hand sanitizer is encouraged.

Stations of hand sanitizer are located throughout the Church including in key meeting rooms being utilized by small groups.

No hugging or handshaking.

No singing.

Restrooms near the meeting rooms will be open and available.

Cleaning of the restrooms will be done at the beginning and conclusion of the meeting, in addition to the weekly custodial cleaning (same as with the meeting rooms).

The cleaning involves wiping down of light switches, door handles, sink fixtures, counters, stall doors, handles, etc.

The small group leader will be responsible for tracking attendance and ensuring compliance with the requirements including training requirements.

If the group leader is absent, a designated person must fulfill the roles otherwise assigned to the group leader.

If at any time, an individual refuses to comply, the group leader is charged with asking that person to comply with the requirement. If the person refuses to comply, the meeting must come to a close immediately. If this occurs, the pastor needs to be notified by text, call, or email, of the occurrence.

Adult classes can meet in person on Sundays as small groups so long as they are not meeting during the worship service(s).

No children's Sunday School classes will meet presently until further notice.

These requirements apply to all in-person gatherings inside the building or while on Church grounds, parking lot, and property.

The only exception to social distancing of six (6) feet is for persons living in the same household groups (parents, children, grandchildren, spouses, roommates, siblings, etc.).

Small groups and their leadership will be notified when these restrictions can be relaxed and groups can return to their prior pre-COVID-19 procedures and protocols.

Items Needed for Welcome Home Baskets



We are beginning to get some responses to the Welcome Home Basket campaign. In cooperation with the Judeo-Christian Outreach Center, we are collecting housewarming gifts for people who will be moving into permanent housing after a period of homelessness. You can sign up to purchase an item at [https://
signup.com/go/UsqCFLV](https://signup.com/go/UsqCFLV). There, you

can click on the “JCOC Welcome Home Baskets” section, where you will see a listing of what remains to be purchased. After clicking “SignUp,” and indicating how many of the item you will be providing, you can either purchase it online or in person from IKEA and have it delivered here to the church (2801 Virginia Beach Blvd., Virginia Beach, VA 23452), or deliver it in person. Purchasing items from IKEA is not required; that is just where JCOC set up a gift registry of very reasonably priced items that will fit the needs of their clients. You may also buy items from any retailer that fits the description in the IKEA link.

There is a Welcome Home Basket Collection Area in the first coat rack area in the narthex, where you will see Basket 1 and Basket 2. We are providing two baskets and our deadline is October 5.

It's Apple Time!



COVID-19 may be able to close down businesses, but it can't stop apple trees from producing apples! That's fortunate for us, because we can still hold our annual Apple Sale with fruit grown at Dickie Brothers



Orchard in Roseland, VA and hand-made Ann's Apple Butter. We'll be doing it a little differently this year. You will be receiving a triplicate order form in the mail in the next couple of weeks. Complete your order, tear off the pink copy as your receipt, and return it, with payment, by mail, or you may deposit in the apple basket in the Narthex. An order form is also provided at the end of this article, which you can make copies of. Feel free to sell apples to your family, friends, and neighbors – you can include their orders with yours, or on a separate form you have printed separately. Be sure to make a copy of your order to serve as your receipt.

As always, our apples are a great buy, less expensive than you'll pay at the grocery store, and freshly picked from the orchard. Proceeds will benefit the work of Foundry's Missions Committee. We will not be having any on-site sales this year, so be sure to pre-order. Deadline for submission of orders and payment is October 23. We will be picking up the apples on Thursday, November 12; sorting and bagging on Friday, November 13, and orders will be ready to be picked up on Saturday, November 14.

Foundry Work Days

There will be two formal work days to perform outside maintenance items. They will be on Oct 3 and 10. The list below is what we hope to accomplish. Because this is all outside work, we think people should be able to distance themselves although we do expect masks to be worn. If you feel so moved, feel free to perform any of these tasks on your own or with a friend on a day other than the work days. If you do any of these items, please let Byron know at bwork@cox.net. Thank you!

- Replace “fine” screen in gutter above main entry doors.
- Power wash gutters above main entry doors and to right along children’s wing.
- Re-attach gutter to fascia board along sanctuary wall to left of main entry doors.
- Repair/replace trim along fascia board under roof on exterior back wall of sanctuary.
- Install weather-stripping on side exit door of sanctuary facing Youth bldg.
- Power wash concrete walkways around main entry doors and Youth bldg and to parking lot.
- Repair corner fascia trim under roof of Youth bldg (several corners).
- Clean-out all gutters around church.
- Power wash exterior walls around church.
- Power wash gutters and fascia trim around church exterior where needed.
- Cut all lower limbs on tree to right of gate entering front storage/UMM area.
- Replace exterior light fixture beside exit door at back of adult Sunday School wing.
- Trim bushes in front of large white church wall facing Va Beach Blvd.
- General landscaping around exterior of church.
- Remove all “growth” around all trees on vacant lot beside church and along Foundry Lane.





“A day without prayer is a day without blessing, and a life without prayer is a life without power.” - Edwin Harvey

“The Lord is near to all who call on Him.” Psalm 145

DAILY ZOOM PRAYER - DID YOU KNOW?

Pastor Matt hosts a daily Zoom prayer time at 3:00 p.m. Monday through Friday. You are invited to submit prayer requests to him whether you are able to participate or not. Prayer requests should be designated “please share” or “private” so he knows how to treat them during prayer time with the Zoom participants. Please contact Pastor Matt at 757.374.2244 (cell) by call or text, or by email to mattpotter@vaumc.org to submit your requests and/or for more information about how to obtain the Zoom meeting login and password information.



Do you know... what is World Communion Sunday and why do we celebrate it?

World Communion Sunday is a celebration observed by several Christian denominations. It offers congregations a distinctive opportunity to experience Holy Communion in the context of the global community of faith. The first Sunday of October has become a time when Christians in every culture break bread and pour the cup to remember and affirm Christ as the Head of the Church. On that day, they remember that they are part of the whole body of believers. Whether shared in a grand cathedral, a mud hut, outside on a hilltop, in a meetinghouse, or in a storefront, Christians celebrate the communion liturgy in as many ways as there are congregations. It promotes Christian Unity. World Communion Sunday can be both a profound worship experience and a time for learning more about our wider community of faith.

Operation Christmas Child Box Packing Covid-19 Style

The Jesus and Me (“JAM”) Club is pleased to update the Church that 53 shoeboxes are packed and ready to go. We seek sponsors for \$9/box shipping and \$6/box Sunday School discipleship lessons called the “Greatest Journey” to be added to the boxes. We have another 35 boxes awaiting deflated soccer balls and pumps plus shipping and Sunday School materials.

We reduced our box goal and are closing in on 100 boxes for our 7th year supporting this global mission project aimed at church planting and discipleship. Art, crafts, school supplies, hygiene, toys, and apparel items are included in each box. Monetary and in-kind donations are welcome. Dollar Tree, Walmart, Target, and Five Below are great shopping spots. We have 60 days to complete the project. Thanks for your support as we move closer to our goal. Sponsor a box in honor or memory of a loved one to be the hands and feet of Jesus to the world. Each one reach one for maximum kingdom impact. Contact Lisa Kim or Linda Cockrell to help.

- JAM



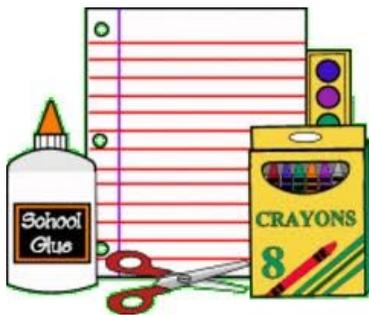
VOLUNTEERS FOR THE MONTH OF OCTOBER 2020

USHERS

- 4th Head Usher: Terry Huling
Doug and Elaine Hudson, David Way, Beth Workman
- 11th Head Usher: Jim VanArnam
Bill and Jamie Shedlock, Nelson Gabriel, David Gillum
- 18th Head Usher: Doug Hudson
Gary and Sandy Grover, Nicki Nixon, Watkins Bracey
- 25th Head Usher: Bill Crosby
Martha Watson, Doug and Elaine Hudson, David Gillum

SCHOOL SUPPLIES – THANK YOU!

Thank you, thank you to all who contributed to the UMW fund for school supplies for Lynnhaven Elementary School. Your donations totaled \$675! What a blessing! Nicki Nixon and Keith Mathews shopped for and delivered all the school supplies to LES. Needless to say, all at the school were absolutely delighted and so appreciative! Foundry Family, you are the best.



October Birthdays

- 01 Vicki Bracey
Megan Hudson
David Lawyer
- 03 Lisa Kim
De Strickland
- 04 Jason Shedlock
- 05 Brian Ray
- 06 Greg Acton
Casey Bozard
Nicki Crombie
Chase Hudson
Bill John
Kelsey King
- 07 Cory Bozard
Jacob O'Brian
- 08 Abigail Gilman
Howard Woods
- 09 Karen Butters
John O'Brian
- 10 Amanda Grady
- 11 Roger Ruhle
- 12 Nolan Grover
- 13 Michael Hersey
Brendan Hudson
- 16 Donna Athanasatos
Amy Hill
Amy Klann
Richard Thomas
- 17 Cameron Melander
- 20 Matt Keel
- 21 Ray Bozard
Barbara Harris
George Moore
- 22 Maya King
- 24 Aaron Bagwell
- 25 John Lawson
Casey Scherck
- 27 Reyna Eberhardt
- 28 Jolene Oman
- 31 Dave McClellan
Virginia Tyler